


CROWN

POSTURE BEDDING

 **Physio**

 **PhysioPro**

 **PhysioPro Advance**

SLEEP INNOVATION ENDORSED FOR YOUR FAMILY'S SLEEP



EXCLUSIVE TO
FortyWinks
SERIOUS ABOUT SLEEP

Endorsed by:
 AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION

Good
Night
Sleep Promise



A family
owned
Australian
business





INTRODUCING

Physio

Crown Posture are proud to present our new range of **Physio** mattresses – meticulously crafted to support your individual bodies' needs and endorsed by the Australian Physiotherapy Association (APA). This endorsement ensures that the mattress has been rigorously tested for quality, support, and alignment, meeting the highest standards of comfort and care.

Endorsed by:



BREATHABLE WOOL BLEND QUILT LAYER

We use wool in our top panels to ensure a breathable, more restful sleep.



GEL INFUSED MEMORY FOAM

Physio mattresses feature memory foam layers infused with gel particles, designed to distribute heat away from the body while responding to your body's weight, so you can move more freely through the night.



AUSTRALIAN MADE COMFORT LAYERS

Varying high-density Australian made comfort layers offer your choice of feels, working in unison with PosturePractic™ Zone Pocket Spring Systems to improve support, responsiveness and durability



ADJUSTABLE BASE COMPATIBLE

Our zoned pocket spring systems have been purposefully designed to easily conform to your adjustable base and lifestyle.



ENHANCED EDGE SUPPORT

Physio mattresses feature a reinforced foam box sidewall system for enhanced stability, allowing you to sit comfortably on any edge while keeping a firm surface.



MINIMAL PARTNER DISTURBANCE

Physio mattresses offer personalised comfort and support as individual pocket springs reduce motion transfer, allowing you and your partner to sleep soundly without being disturbed.

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FULL T&S



THE FOUNDATION OF GREAT SUPPORT

Featuring a PosturePractic™ 5 Zone Pocket Spring System, the **Physio** Range is thoughtfully crafted to provide exceptional support and comfort. The wool-blend quilt layer enhances breathability and helps regulate temperature, keeping you comfortable in both warm and cool conditions.

For superior pressure relief, this range includes Gel-Infused Memory Foam, offering targeted support—gentle cushioning for the shoulders and firmer reinforcement for the hips and lower back, promoting a healthier, more restful sleep.

AVAILABLE IN SUPER FIRM, FIRM, MEDIUM & PLUSH.

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Physio

WHAT'S INSIDE?



POSTUREPRACTIC™ 5 ZONE POCKET SPRING SYSTEM

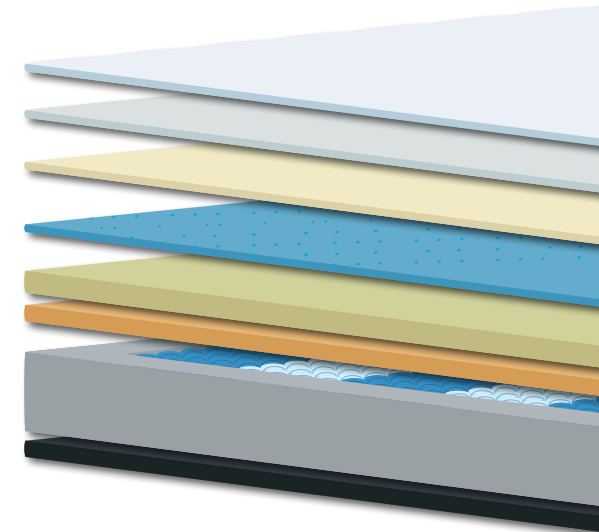
The PosturePractic™ 5 Zone Pocket Spring System is designed to provide support to the lower back, reduce discomfort on pressure points, and evenly distribute your weight across the five zones of the mattress.



BEKAERT DESLEE STRETCH KNIT COVER

From the leading specialist in the development and manufacturing of mattress textiles and covers.

- Bekaert Deslee Stretch Knit Cover
- Breathable Wool Blend Quilt Layer
- Hyper Soft Pressure Relieving Comfort Layer
- Gel Infused Memory Foam
- Australian Made Comfort Layers
- PosturePractic™ 5 Zone Pocket Spring System
- Enhanced Edge Support
- Support Layer



PosturePractic™
5 Zone Pocket
Spring System



Bekaert
Deslee Stretch
Knit Cover



Breathable
Wool Blend
Quilt Layer



Gel Infused
Memory
Foam



Australian
Made Comfort
Layers



Minimal
Partner
Disturbance



ENHANCED EDGE SUPPORT



ADJUSTABLE BASE COMPATIBLE

Endorsed by:



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION

WHY WE'RE PROUD TO BE ENDORSED BY THE AUSTRALIAN PHYSIOTHERAPY ASSOCIATION

We are thrilled by our endorsement from the *Australian Physiotherapy Association (APA)* for our range of **Physio** mattresses. This endorsement reflects our unwavering commitment to providing high-quality, health-focused sleep solutions designed to promote optimal body alignment, reduce pain, and support overall wellness.

The APA recognises the importance of sleep in physical health, particularly when it comes to proper spinal alignment and pressure relief. Our **Physio** range has been meticulously designed with input from physiotherapists to ensure that each mattress offers the ideal balance of comfort and support for those dealing with back pain, joint discomfort, or other physical conditions. These mattresses feature advanced materials and technology that are specifically engineered to provide targeted relief, enhance circulation, and improve posture—all key factors in promoting healthy sleep and recovery.

By receiving this endorsement from the APA, we are proud to offer mattresses that not only meet but exceed the expectations of both healthcare professionals and individuals seeking better sleep for a healthier lifestyle. Whether you're recovering from injury or simply looking for a mattress that supports your long-term wellbeing, our **Physio** range provides the trusted solution your body deserves.





Physio Pro

READY TO SLEEP LIKE A PRO?

Featuring our PosturePractic™ Advance 7 Zone Pocket Spring System, the **Physio Pro** is designed to deliver exceptional comfort, support, and temperature regulation. The microCOOL™ treatment in the fabric actively absorbs moisture, helping to cool the body and promote a more restful and refreshing sleep experience.

The quilt layer incorporates a wool-blend fabric, offering superior breathability and insulation to keep you comfortable in both warm and cool conditions. For optimal pressure relief and support, the **Physio Pro** Range combines Graphite Memory Foam and Gel-Infused Memory Foam, providing gentle cushioning for the shoulders while maintaining firm support for the hips and lower back, encouraging healthier spinal alignment and restorative sleep.

AVAILABLE IN FIRM, MEDIUM & PLUSH.

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Physio Pro

WHAT'S INSIDE?



POSTUREPRACTIC™ ADVANCE 7 ZONE POCKET SPRING SYSTEM

Offers the greatest level of body support. Individual coils provide superior contour and support. It greatly reduces motion transfer and the zoning provides optimal comfort.



MICRACOOL™ TREATED COVER

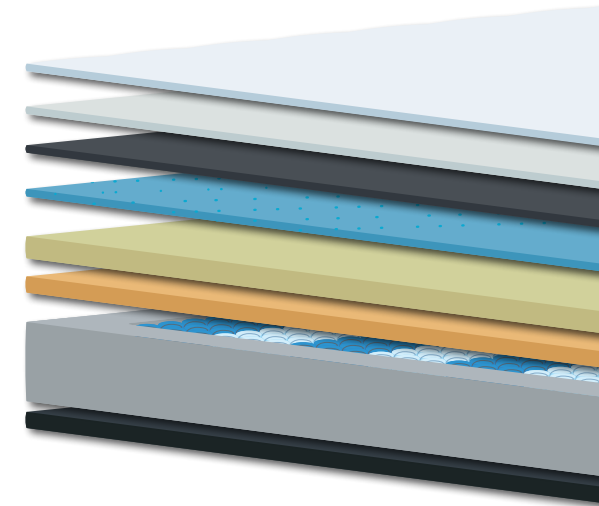
micraCOOL™ mattress textiles are hyper-conductive, taking heat away instantly, resulting in a comfortably cool effect.



GRAPHITE MEMORY FOAM

This super breathable foam disperses heat, and provides a very responsive, pressure relieving and comfortable feel owing to its open cell structure.

- micraCOOL™ Treated Cover
- Breathable Wool Blend Quilt Layer
- Graphite Memory Foam
- Gel Infused Memory Foam
- Australian Made Comfort Layers
- PosturePractic™ Advance 7 Zone Pocket Spring System
- Enhanced Edge Support
- Support Layer



PosturePractic™
Advance 7 Zone
Pocket Spring
System



micraCOOL™
Treated
Cover



Bekaert
Deslee Stretch
Knit Cover



Breathable
Wool Blend
Quilt Layer



Gel Infused
Memory
Foam



Graphite
Memory
Foam



Australian
Made Comfort
Layers



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ENHANCED EDGE SUPPORT



ADJUSTABLE BASE COMPATIBLE

WHY WE RECOMMEND AN ADJUSTABLE BASE FOR YOUR MATTRESS

Experience a whole new level of comfort and versatility with an adjustable base. Whether you're seeking personalised support, improved sleep posture, or relief from back pain, an adjustable base lets you effortlessly elevate your head, feet, or both to the perfect position. This flexibility helps enhance your sleep quality by providing optimal alignment, reducing pressure points, and boosting circulation.

But it doesn't stop at sleep— adjustable bases also allow you to effortlessly switch to a comfortable lounging position for reading, watching TV, or simply relaxing.

With the convenience of remote-control operation, you can easily adjust to your ideal sleep or lifestyle position, making it the perfect upgrade for those who want a mattress that supports both comfort and wellbeing throughout the day and night.





Physio Pro Advance

THE ULTIMATE SLEEP EXPERIENCE

The **Physio Pro Advance** Range is the ultimate in luxury and performance, expertly crafted for those who demand the best. Combining advanced technologies and premium materials, it creates the perfect sleep environment.

Featuring micraCOOL™ treatment in the fabric, a wool-blend quilt, Graphite Memory Foam, and Gel-Infused Memory Foam, this mattress excels in temperature management. These materials work seamlessly to draw heat away from the body, improving heat capacity, conductivity, and thermal efficiency, ensuring a cooler, more comfortable sleep throughout the night.

For exceptional support and pressure relief, the **Physio Pro Advance** Range is equipped with the advanced PosturePractic™ Advance 7 Zone Pocket Spring System, paired with Nano Micro Pocket Spring technology (available in all but Super Firm). This system adapts perfectly to your body's contours, providing targeted support where you need it most, while also enhancing airflow and breathability for a fresher sleep.

Reinforced side rails offer added stability and maximise the sleep surface, allowing you to rest closer to the edge without feeling like you'll roll off, ensuring you enjoy the full benefits of the mattress.

AVAILABLE IN SUPER FIRM, FIRM, MEDIUM & PLUSH.

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PhysioPro Advance

WHAT'S INSIDE?



POSTUREPRACTIC™ ADVANCE 7 ZONE POCKET SPRING SYSTEM

Offers the greatest level of body support. Individual coils provide superior contour and support. It greatly reduces motion transfer and the zoning provides optimal comfort.



NANO MICRO POCKET SPRING*

These fine wire coils contour to the sleeper's individual body shape, whilst creating an airflow layer.



MICRACOOL™ TREATED COVER

micraCOOL™ mattress textiles are hyper-conductive, taking heat away instantly, resulting in a comfortably cool effect.

Bekaert Deslee Cool-to-Touch Stretch Knit Cover treated with micraCOOL™

Breathable Wool Blend Quilt Layer

Graphite Memory Foam

Gel Infused Memory Foam

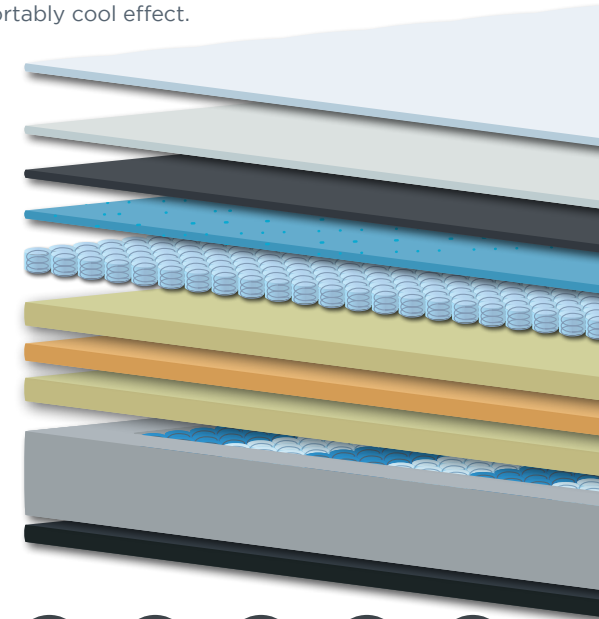
Nano Micro Pocket Spring*

Australian Made Comfort Layers with varying additional high-density comfort layers offering a choice of feels.

PosturePractic™ Advance 7 Zone Pocket Spring System

Enhanced Edge Support

Support Layer



PosturePractic™ Advance 7 Zone Pocket Spring System



Nano Micro Pocket Spring*



micraCOOL™ Treated Cover



Bekaert Deslee Cool-to-Touch Stretch Knit Cover



Breathable Wool Blend Quilt Layer



Gel Infused Memory Foam



Graphite Memory Foam



Australian Made Comfort Layers



Minimal Partner Disturbance



ENHANCED EDGE SUPPORT



ADJUSTABLE BASE COMPATIBLE

* Excludes Super Firm

THE APA ENDORSED PHYSIO RANGE



Physio

THE FOUNDATION OF GREAT SUPPORT

Enjoy a great night's sleep with the Australian made **Physio**, endorsed by the Australian Physiotherapy Association. Offering solid support and comfort with its advanced PosturePractic™ 5 Zone Pocket Spring System, it's designed to promote healthier spinal alignment and a better sleep experience.

AVAILABLE IN SUPER FIRM, FIRM, MEDIUM & PLUSH



THE FOUNDATION OF GREAT SUPPORT

- PosturePractic™ 5 Zone Pocket Spring System
- Bekaert Deslee Stretch Knit Cover
- Breathable Wool Blend Quilt Layer
- Gel Infused Memory Foam
- Australian Made Comfort Layers
- Minimal Partner Disturbance

- ENHANCED EDGE SUPPORT
- ADJUSTABLE BASE COMPATIBLE

Physio Pro

READY TO SLEEP LIKE A PRO?

Experience exceptional comfort and support with the Australian made **Physio Pro**, proudly endorsed by the Australian Physiotherapy Association. Combining advanced technology and premium materials, it offers a perfect balance of pressure relief and temperature control for a restful, restorative sleep.

AVAILABLE IN FIRM, MEDIUM & PLUSH



READY TO SLEEP LIKE A PRO?

- PosturePractic™ Advance 7 Zone Pocket Spring System
- micraCOOL™ Treated Cover
- Bekaert Deslee Stretch Knit Cover
- Breathable Wool Blend Quilt Layer
- Gel Infused Memory Foam
- Graphite Memory Foam
- Australian Made Comfort Layers
- Minimal Partner Disturbance

- ENHANCED EDGE SUPPORT
- ADJUSTABLE BASE COMPATIBLE

Physio Pro Advance

THE ULTIMATE SLEEP EXPERIENCE

Discover the ultimate in sleep luxury with the Australian made **Physio Pro Advance**, endorsed by the Australian Physiotherapy Association. Crafted for unparalleled support, comfort, and temperature regulation, this mattress is designed for those who demand the best in rest and recovery.

AVAILABLE IN SUPER FIRM, FIRM, MEDIUM & PLUSH



THE ULTIMATE SLEEP EXPERIENCE

- PosturePractic™ Advance 7 Zone Pocket Spring System
- Nano Micro Pocket Spring*
- micraCOOL™ Treated Cover
- Bekaert Deslee Cool-to-Touch Stretch Knit Cover
- Breathable Wool Blend Quilt Layer
- Gel Infused Memory Foam
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- ENHANCED EDGE SUPPORT
- ADJUSTABLE BASE COMPATIBLE

*Excludes Super Firm



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Not the right fit?

No worries, **WE'VE GOT YOUR BACK (LITERALLY).**

TRY IT FOR 90 NIGHTS, love it or swap it!

At Crown, we're so confident in our mattresses, we give you **90 nights to find your perfect fit.**

STEP 1: Sleep on it for a minimum of 30 nights.

Sometimes love takes time, so give it a fair go.

STEP 2: Not a match? Contact the store.

We'll help you find the mattress that's *just right*.

STEP 3: Swap it. Sleep happy.

Bring your proof of purchase, try our range, and pick your new favourite.

Curious about the fine print? Just ask a **Forty Winks** sleep expert; we've got you covered.

SIMPLE. COMFORTABLE. GUARANTEED.



A family owned
Australian
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Scan to see
full T&Cs



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